

VOICE OF THE RESIDENTS

VOL. XX, No. 4

BROADMEAD, COCKEYSVILLE, MARYLAND

DECEMBER, 1998



"... Yesterday is but a dream,
and tomorrow is only a vision;
But today well lived
Makes every yesterday a dream of happiness,
And every tomorrow a vision of hope."

*"The Salutation of the Dawn"
—from the Sanskrit*

Friday Dec. 11th "Sleigh Bell Swing"

6:30-9:30 p.m. Main Lounge

Live Big Band music by The Zim Zemarel
Orchestra with Holiday refreshments.

All Residents, Trustees and Staff Welcome!



Broadmead Welcomes . . .

ROBERT and VALERIE (Edwards) DAVIES

L-15 410-785-0676 November 1998

Valerie is a Baltimore native who attended the Roland Park Country School and Sophie Newcomb College (now Tulane University) where she earned a degree in fine arts. Returning to Baltimore, she attended secretarial school and became a legal secretary until her marriage.

Bob is a Texan, earned a bachelor's degree in mechanical engineering at Texas A&M, a master's degree at Hopkins, and another master of science in nuclear engineering from the Oak Ridge School of Reactor Technology. He is a life member of the American Society of Mechanical Engineers and a Licensed Professional Engineer in Maryland. Bob served in the U. S. Army Corps of Engineers in both France and Okinawa during World War II and taught engineering courses in the Evening School at Hopkins from 1951 until 1959. In 1950 he became the first nuclear engineer at the Baltimore Gas and Electric Company and is recognized as the "father" of the Calvert Cliffs Nuclear Power Plant. During the regulatory hearings required to for permission to construct and operate the plant, Bob worked closely with our Jim Biddison. He left BGE during the Reagan Administration to become the Deputy Assistant Secretary for Environment, Safety, and Health in the U. S. Department of Energy and retired as the Deputy Director of the Task Force on Nuclear Power Plant Construction. From 1986 to 1996, he served on the State Board of Professional Engineers, retiring as president.

The Davieses have a son, a lawyer in Baltimore, also a daughter and two grandchildren in San Antonio, Texas. Both Bob and Valerie have many interests. She is a docent at Homewood House and at Evergreen, enjoys gardening, reading, bridge, art, and aerobics and regularly visits her mother (aged 98) at Keswick. Bob's hobbies include genealogy, photography, bowling, and computers. Both enjoy the symphony--and their dog and cat.

* * *

What, indeed!

What is the matter with Mary Jane?

Oh, she has too many capital gains.

Whatever can she do to ease her pains?

Give to B.R.A.F., of course -- that is plain!

Moving about in the community

by Patricia A. I. R. Rodak

Ruthanne Baldwin	from C15	to S107
Isabella Jinnette	from D4	to S205
Marjorie Plitt	from M8	to Hallowell
Margaret Slusser	from J4	to Hallowell
Marian Wingard	from S310	to Hallowell

In Memoriam

RUTH CELESTIA DIBERT

November 20, 1899 -- October 24, 1998

GABRIELE BRUCK

August 10, 1912 -- November 7, 1998

MARY C. YATES

August 10, 1903 -- November 14, 1998

ELIZABETH V. WALTERS

July 27, 1913 -- November 14, 1998

Growing older and wiser . . .

HEALTH EDUCATION TIPS OFFERED

Karen James, Chairman of Social Work, was the first speaker at the meeting chaired by Jean Hake on November 10. Her subject piqued attenders' interest. She asked hearers to recall why they came here, suggesting that the decision showed realistic and wise planning for our futures. Some of her gentle thoughts were: Civility is necessary in a community such as ours; conflicts must be resolved easily ("no one is all good or bad"). Support and help must be given to others; we shall all need it at some time. Speak good things to friends; cherish and nurture friendships. Prepare for losses; with courage, go on and grow. Keep memories alive and avoid becoming too much involved, missing the joy of books, music, and children. "Learn to play." Couples should remember their rhythm, allowing time to be alone, to be together, and enjoy social life as well. Enjoy process as much as outcomes. Persons who are fully retired should take part in Broadmead activities for their own satisfaction.

--Paula Balser

R_x
DOC IN A BOX

—John B. De Hoff, M.D.
 Health Care Education Subcommittee

Healing and Curing

Healing is what the sufferer does, alone or with help to repair damaged tissues. Curing is what others do to help a sufferer eliminate disease or a disorder. Heal or cure, each restores our health, a worthy end for divers means.

Healing is a natural physical function. Animals or plants strive to heal themselves when injured or ill. A tree will attempt to restore an injured shape or grow a new bark over damaged roots or stems. Reparative abilities of plants and aquatic life are limited, however, so even minor injuries can threaten their individual or collective lives.

Human body systems respond promptly to tissue damage or cellular harm by marshaling special cells and body fluids at an injury site. Physicians once described signs and symptoms of inflammation as *calor, rubor, tumor, and dolor*, or heat, redness, swelling, and tenderness. Blood vessels and lymph channels dilate to bring vital cells and immune substances to fight infections, clear away dead tissues, and aid in healing processes.

Cells are earnest workers. They do their best when distractions are fewer, when day-to-day labors are lessened. That's why resting the whole body or just the ailing part helps repair local tissue damages or improves circulation to a wound.

If healing is so simple and idiosyncratic, what do physicians and healers accomplish?

Most importantly, physicians set up the conditions that lead to healing, aided by unique knowledge that goes beyond a mother's care. Refined healing techniques and modern medicines amplify or aid recovery, encourage or stimulate cells and immune systems to cure more effectively.

Orthopedists appose broken bones, fix or set the ends securely, and wrap them in a cast or firm bandage, then say, "Come back in a week or two and we'll see how you are healing." Surgeons remove offending tissues and sew parts, muscles, skin tissues together, saying, "I'll be back in a day or so and check on your healing." Physicians prescribe medicines and bed rest and give like advice. Each must leave real basic healing to the patient.

More complex damages need more complex therapies, but healing basically results from a patient's efforts, assisted and supported professionally. Here is the prime reason to keep ourselves always in excellent health, ready to do our part in healing any troubles that come our way.

Christmas Let's Sing

Thursday, December 10th
 All under the skilled leadership of Harry Jones

At 7:00 p.m. in the Lounge:
Hymns, Carols, and Frosty

Mary Lou Moon at the Piano
Join the fun!

* * *

NOVEL THEOLOGY

Monday, December 7, 1998
 11:00 a.m. in the Auditorium

The Messiah of Stockholm
 by Cynthia Ozick

All Welcome

* * *

VESPERS

Sunday, December 20th - 4:30 p.m.
In the Lounge

THE REV. STEPHEN H. PAUL
Sherwood Episcopal Church

ALL WELCOME

* * *

THE CASSETTES ARE COMING

To Mary Keesey and Jeanne Stephenson come the thanks of Broadmead Residents to whose Video Library these ladies have donated eleven tapes. They are ours to enjoy. Contact Walter Lane, A-9.

SUNDAY CONCERT SERIES
by Phil Schnering

Sunday, December 13, 1998 - 2:00 p.m.



"THE MISTYS" - Traditional Christmas carols by vocal group—three women and three men and stringed instruments. Back by popular request.

MOVIES ON TUESDAYS AT SEVEN

by Thelma Becherer, *Chairman*

12/1 THE HOOSIERS 1986 114min.

Gene Hackman, Barbara Hersey, Dinnis Hopper; Director, David Anspaugh. Hackman gets a last chance job coaching a small-town Indiana high school basketball team in the 1950's, facing the dual challenge of bringing the team to the state championship and redeeming himself.

12/8 AN AFFAIR TO REMEMBER 1957

(115 min.) Cary Grant, Deborah Kerr, etc.

Bubbling shipboard comedy in first half with finale in NYC. Turned up later as a major plot device in 1993 hit, "Sleepless in Seattle."

12/15 SISTER ACT 1992 (100 min.)

Whoopi Goldberg, Maggie Smith, etc.

A Reno lounge singer, targeted for murder by her mobster boyfriend, hides out in a convent and shakes things up as the new choir director.

12/22 A SHOT IN THE DARK 1964

(107 min.) Peter Sellers, Elke Sommer, etc. Second Inspector Clouseau comedy is far and away the funniest, with the great detective convinced Sommer is innocent of murder despite all evidence to the contrary.

12/29 STRICTLY BALLROOM 1992 Australian

(94 min.) Paul Mercurio, Tara Morice, etc. Spirited, allegorical musical about a young, competitive ballroom dancer (Mercurio) who outrages his mother and the "establishment" by insisting on dancing his own provocative steps. He takes on a new ugly-duckling partner (Morice) who blooms under his tutelage.

Snapshots of the Camera Club

by Jane Earhart

Photographs taken by Judy Waxter, depicting the restoration of her 1890's Steinway piano, are shown on the wall outside the Coffee Shop. These pictures are accompanied by a short story of the lives of the piano over its 100+ years.

Displays for 1999 will include "Sites and Sights of Baltimore City" and "Broadmead . . . the Four Seasons." Early on, we hope to hang retrospective shows of the works of some former Club members. Look for them near the Coffee Shop.

In our COMMON CAUSE

Kathleen Skullney, Executive Director of Common Cause/Maryland, will be welcomed at **Broadmead on Saturday, December 5, at 10:00**

Join local volunteer governing board members and the Executive Director for discussions of Common Cause's 1999 agenda, how CC/MD affects you personally, and how local community activism is strengthened through Common Cause's work in Annapolis.

* * *

SATURDAY NIGHT AT THE MOVIES

by Frank Hijikata

December 5th

THE GARDEN OF THE FINZI-CONTINIS
Italian with English subtitles; 1971; 95 min.; R

Exquisitely photographed drama about an aristocratic Jewish family in Italy during World War II which did not have the will to save itself until it was too late. The film describes the half-hearted anti-Jewish measures of the Mussolini period which were sufficient to wipe out the Finzi-Continis family and all it represented. An Academy Award for Best Foreign Movie.

December 19th

PASSAGE TO INDIA 1984 103 min. PG

A great adaptation of E. M. Forster's novel set in the late 1920's about an east/west culture clash as a young headstrong English woman goes to India for the first time accompanied by the mother of her fiance. Their attempt to know the Indians socially results in a charge of attempted rape against an Indian physician.

December 26th

DEATH AND THE MAIDEN 1994 103 min. R

A film by Roman Polanski of a "three character and mostly one room play" in which a housewife ties up and accuses a visiting physician of torture and sexual abuse which she had suffered years before when she was a political prisoner, and she sees a chance to get revenge.

Late Fall

Sarah Cooper

"The sedge has withered from the lake," wrote Keats, expressing the sense of loss we feel as cold weather approaches. It's hard to identify with his poetic line. We don't have a lake; we're not even sure what sedge is except that it grows around the lake that we don't have. Mid-November here has not been a gloomy time at all. Late autumn is moving oh, so deliberately toward winter. Leaves still show unexpectedly on trees, softly golden and copper toned. Our hillside branches may be brown, but they are not bare. We cannot see their "clear anatomy" yet. Except for occasional, quickly melting frost, we have had a mild season, not brilliant, but satisfyingly long-lasting with many sunny days and blue, blue skies.

In spite of early darkness, we can still stop on our way up to dinner to admire a particular bright red tree. Those pink geraniums lining R Cluster walk are thick and healthy. We are not yet ready for heavy winter wear. We may need gloves or not. Perhaps we should wear caps, but only sometimes. On days such as these, we should be walking our Trails. They may not be this good again until spring.

We know, however, we are approaching the festive season when fat catalogues multiply in our mailboxes. We plan family gatherings for special holidays, and good weather notwithstanding, we suddenly face indoor activities. It is card-writing time, list-making time. The Trails may be at their best, but we are preparing for end-of-the-year celebrations.

Open Forum . . .

By Nydia Finch

Thursday, December 3d – 10:30 a.m.

Speaker: Prof. Lawrence Ramsey
Department of Astronomy
Penn State University

Topic: Searching for Planets Around
Other Stars: The Role of the New
Generation of Large Telescopes

Thursday, December 10th – 10:30 a.m.

Speaker: Dr. Christopher Carroll
Department of Economics
The Johns Hopkins University

Topic: The Impact of the Asian Crisis
On the Global Economy

Greetings of the Season

No e-mail for me, no internet
no electronic communications
cold and distant, easily deleted
with single stroke.

Give me snail mail to savor
from all points of the compass
festooned with holly wreaths
pine cones, candles and bells
shepherds and Santas
filling my box with fragments
of lives once linked, now
launched in new directions
but still touching . . .
telling of exotic travel, family
political actions, brimming
with memories . . .
Missouri sleigh rides
Adirondack hikes
Danish dinners and German fests
poems by firelight on Peconic Bay . . .

Invisible thread spanning
ocean, continent, decades
our chromatic cards bind us
together from year to year
in seasonal celebration.

Lynn Buck



M*S*S*H IS BACK !

Men's Saturday Social Hour

Saturday, December 5th

Coffee and Doughnuts at 9:30

85 cents

*

Wear Name Tags

TOM CRAWFORD, M.D.

"Male Health"

**Notes from
THE COUNTRY STORE**

by Ginny Heisey

Beginning January 4, 1999, the Country Store will be open Monday through Friday from 10:00 a.m. to 2:00 p.m., and on Saturdays from 11:00 a.m. to 1:00 p.m. We shall try these hours for a number of months to determine if it is more convenient for our volunteers and customers.

Approximately 50 volunteers work in our "Emporium," as some fondly call it, and our Volunteer Chairman, Mildred Smeallie (410-527-0533), is always happy to learn of other Residents who would like to become a part of this Residents Association activity.

As an experiment, we will make AVON products available through a catalog and by stocking a few items. These well-known products are enjoyed by many.

The 1999 Nature Trail Calendar is available for the fifth year. It includes fascinating samples of prose and verse by members of the Writers Group as well as nature sketches, reprints from *The Voice of the Residents*, and blank spaces for writing your personal notes.

Sarah Cooper has been for many years the inspiration and underwriter for this much-appreciated gift to The Country Store. This treasure sells for just \$2.00 a copy.

The Holidays are welcoming us, with too few shopping days remaining. Our shoppers have worked like Santa's elves to secure for you a wide variety of gifts: Ladies' blouses; sweaters; jackets, china, crystal, picture frames, robes, gowns. Also ladies' and men's scarves, gloves, and warm hats. Also children's gifts and clothing. And not to be missed are holiday decorations — all available without our braving the elements or relying on outside transportation.

We like being a shop which provides its patrons with special favors, such as absorbing wholesalers' shipping charges, and providing gift boxes and wrappings at no extra cost.

The entire staff of volunteers offers all the above with a smile. All proceeds of Country Store sales are included as income to the Residents Association annual budget, making many of our Residents Association activities possible.



SATURDAY PROGRAM OFFERINGS

by Charles Hobelmann

Saturday, December 12 at 7:15 p.m.

BARRY PRICE as "Doc Holliday"

True Tales of the Old West



Whodunit?

John De Hoff, *Encyclopedist*

John B. De Hoff, M.D., M.P.H., Former Commissioner, Baltimore City Department of Health, was published in the latest two-volume *Encyclopedia of Environmental Science and Engineering*.

His 16-page chapter on community health draws on the experiences of the City of Baltimore and the State of Maryland and is part of the encyclopedia's 1,500-page Fourth Edition.

* * *

Robert Wiedefeld, *Fellow*

Broadmead physician Robert Wiedefeld has received the degree of Fellow of the American Academy of Family Physicians, the national medical association representing 85,000 family physicians, residents in family practice, and medical students.

The AAFP degree of Fellow recognizes family physicians who have distinguished themselves among their colleagues and in their communities through service to family medicine and professional development.

The degree may be achieved either by successful completion of 600 hours or more of accredited continuing medical study; or by the achievement of diplomate status in the specialty of family practice.

He has been a Broadmead physician since 1988. Hearty congratulations to Dr. Wiedefeld!

OPEN FORUM

Reviewed by Julie Metcalf

On November 12, Barry Rascovar, Deputy Editorial Page Editor of Baltimore's *The Sun*, gave a "Critique of the Election Results."

The 1998 election was a watershed one, not the kind the Republicans wanted, but one that gave an indication of where we are heading in Maryland, i.e., a continuing monopoly for Democrats in voter registration, and continuing strong voter turnout, with control of the re-districting of the state.

Why did the Republicans lose? 1) A three-way split in the Republican ranks: social conservatives, fiscal conservatives, and liberal conservatives. This split may tear the party apart in the next few weeks; 2) Voter turnout: The Democrats rallied their core constituents with a 9-1 vote of the African-American populace, the Republicans did not; 3) The Republican party had great slogans, but there was nothing behind them. Sauerbrey promised a 14% tax cut, more teachers, more money for roads, no cutting of funds for the arts or most state programs, but never said how she would do this; 4) The Republican party must come up with a message that identifies with people. The Democratic party did declare for saving Social Security, preserving Medicare, better education, reform of health care.

What do Republicans in Maryland have when they look ahead to the next four years?

1) Sauerbrey, a voice but no longer a candidate; 2) a capable but newly-elected Harford County Executive, Jim Hawkins; 3) Congress members Connie Morella and Wayne Gilchrist who will not run for any other offices; 4) Congressman Bob Ehrlich, ambitions, but has a hard-line voting record in Congress; 5) Maryland has been a liberal or moderate state for many years.

How was Glendening able to win?

Because: 1) he was able to galvanize the party and get out the vote; 2) he scared the Democrats about Sauerbrey and the issues she did not support; 3) had the advantage of his popular fine campaigner and fund-raiser, Lt. Governor Kathleen Kennedy Townsend; 4) had Dutch

Ruppersberger's work to elect Democrats to local offices, and those voters voted for Glendening; 5) Montgomery County Executive Douglas Duncan, a Glendening booster, was elected with over 70% of the vote in his county.

Mr. Rascovar also made predictions:

What lies ahead? Glendening will put real emphasis on free higher education in Maryland public colleges and universities; emphasis on public schools; money for transportation and roads; progress to help stressed people and areas; plans for saving the General Motors plant on Broening Highway; an acceptable way to reduce taxes.

What's going to happen down the road?

Glendening will not serve out his term as governor; Lt. Governor Townsend's uncle, Senator Ted Kennedy, will find a place for Glendening in President Al Gore's Cabinet so she can become governor and run as the incumbent in four years; in 2002, four people will be running for governor in the Democratic primary: Townsend, Ruppersberger, Duncan, and Curry. Predicted winner: Wayne Curry, Prince Georges County Executive, who will win with a vote of the 9-1 scale given Glendening by African-Americans in 1998.

BARN SALE RESULTS ANNOUNCED

The gross total of sales at the November Barn Sale reached \$15,176, according to Barn Sale Chairpersons Marjorie Scott and Marie Litz.

Cashiers John Boynton, Sam Legg, and Mac McCartney tallied Department earnings:

Appliances	\$2376.00
Baked Goods	505.00
China / Glassware	1020.00
Flea Market	300.00
Furniture	2760.00
Gifts	700.00
Jewelry	1000.00
Kitchen wares	500.00
Ladies Clothing	2700.00
Men's Clothing	770.00
Linens	985.00
Shoes / Handbags	690.00
This 'n That	560.00
Tools	310.00

To all workers: WELL DONE!

WORLD RELIGION . . . AND WORLD POLITICS

David W. Cammack, spoke recently at Broadmead. A student of Princeton, the U. S. Naval Academy, and Virginia Theological Seminary from which he graduated in 1955, he was an Episcopal rector, studied comparative religion and was a president of the Baltimore Chapter of the World Federalist Association.

Cammack's thesis was that all strong societies are based on religion, a dimension of which must be tied to the political. He reported that most mainline religions are currently involved in controversy. The tenets of fundamentalists and of those using religion for political purposes often conflict with the teachings of the founders of great religions. He was concerned about the future if those groups continue to be "out of touch with what's needed and the truths behind the creeds."

Cammack approved the ruling of the Supreme Court that there must be no prayer in schools but that it is permissible to teach *about* religion. He made a plea for education about cultural anthropology. He asserted the existence

of three main lines in religion—those of the Far East, of India, and the group including Christianity, Islam, and Bahaism.

Chinese theologians declared that God and the world were in harmony. Buddha enhanced the Eastern concept of escape from the delusions of the world. The religions of the Fertile Crescent emphasized attention to the history of interactions which were "crucial in growing with God." Cammack saw trinitarian parallels in all three "mainline" religions and distributed supporting charts. He regards Jesus and Mohammed as "brothers" in their teaching. As a World Federalist, he spoke approvingly of Bahaism's call for a world government.

David Cammack is organizing for the fall of 1999 a conference of religious leaders on the maintenance of peace.

The audience raised no opposition to a statement that religion must be excluded from politics. When the subject of Moslem aggression was raised, David Cammack commented that Mohammed himself supported a holy war only if a neighboring people were being abused.

--Palmer Fletcher

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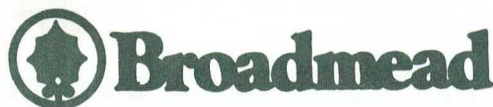
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Published September through June,
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